



World Kindness Day Activity: November 13, 2019 Grades K – 12



Somewhere around 1,200 individual pieces went into this. Over 300 feet of kind and positive thoughts made for our students, by our students. Really proud of this one ❤️



Horizon Academy at Marion Oaks in Southwest Marion County, Florida.



Lindbergh School @PalPkLindbergh · Sep 30
Mrs. Sullivan's links to help celebrate #StartWithHello week #makeanewfriend #Lindbergh



Lindbergh School, Palisades Park, New Jersey

Activity Description

What a terrific way to celebrate the three steps of Sandy Hook Promise's *Start with Hello* program by connecting a kindness chain across the school community to honor **World Kindness Day!** World Kindness Day is an international celebration of kindness and unity. It is a wonderful opportunity for your SAVE Promise Club to reinforce the *Start with Hello* message of reaching out and helping others and including students who may be feeling alone or left out by initiating acts of kindness.

Activity Instructions

Invite your elementary, middle, or high school SAVE Promise Club to create a school-wide **Kindness Chain Link** on November 13th. To ensure each student gets to participate, organize the activity in one of two ways:

- By homeroom, advisory, or morning meeting classes **or**
- Set-up a SAVE Promise Club Kindness station in the lobby, cafeteria, or other high traffic area where students can create their links on the spot.

Either option will create connectedness and encourage kindness in your school community.

SAVE Promise Club Student Leader Task List

1. Make morning announcements or broadcasts about World Kindness Day starting on Monday, November 11th to raise awareness and excitement leading up to the day.
Sample Announcement: *Be the 'I' in KIND and help our entire school community make the PROMISE challenge to do an act of kindness on World Kindness Day coming up this Wednesday. Check with your homeroom teachers or with SAVE Promise Club student leaders during lunch waves for more details!*
2. Make copies of the attached kindness chain links or make your own using construction paper. Cut the strips of paper and distribute to each teacher or get them ready for the SAVE Promise Club activity table.
3. Teachers and SAVE Promise Club members should be well-versed in the activity purpose and details:
 - **Who** is involved in World Kindness Day – SAVE Promise Clubs are leading the school-wide activity to ensure each student in the school community makes a kindness link and feels connected to the community.
 - **What** is the purpose of the World Kindness activity – to provide another opportunity to build a kind, connected school community and reinforce the three steps of *Start with Hello: see someone alone, reach out and help, and Start with Hello.*
 - **Where** will the World Kindness Day activity take place – *in homerooms/social studies classes/lunch waves/advisory periods/courtyard/lobby.*
 - **When** will the kindness links be connected – *after school during the SAVE Promise Club meeting or on Thursday during lunch to create a kindness chain around the cafeteria.*
 - **How** will the kindness links be distributed – *during homeroom or by SAVE Promise Club members in the main office or lobby.*
 - **How** will we celebrate our success? Put the kindness chain link on display and remind students on future morning broadcasts and announcements to follow-through on their act of kindness.
4. At the end of World Kindness Day, SAVE Promise Club members should share-out the successes of the activity and thank everyone in the school community who participated. This is another opportunity for SAVE student leaders to announce the great work they are doing and recruit more members!

Share your activities and tag @nationalsave on social!

Kindness Chain Links

Simply fill-in the prompts, cut-out the strips of paper, and create a kindness chain by stapling or taping the link to another student's act of kindness link. Share and tag @nationalsave or #SAVEPromise on social.



I promise to do an act of kindness this week!

My act of kindness:

My name:

I promise to do an act of kindness this week!

My act of kindness:

My name:

I promise to do an act of kindness this week!

My act of kindness:

My name: