



World Hello Day Activity: November 21, 2019 Grades K – 12



What a terrific way to celebrate the three steps of Sandy Hook Promise's *Start with Hello* program by spreading Hello Grams across the school community to honor **World Hello Day!** World Hello Day is a non-secular annual celebration that started after the war of Yom Kippur in 1973 to encourage communication to promote peace. It is a wonderful opportunity for your SAVE Promise Club to lift up the message that a simple "Hello" with a smile or using a personalized *Hello Style* (fist bump, handshake, wave, etc.) to greet a classmate or someone new can help build a kind and friendly classroom and school environment.

Activity Instructions

Invite your elementary, middle, or high school SAVE Promise Club to organize **Hello Grams** on November 21st. There are two suggested ways to organize this activity:

Option A: To ensure each student receives a Hello Gram, organize the activity by homeroom, advisory, or morning meeting classes. This will require a heavier work load for SAVE Promise Club student leaders. SAVE Club members will need to provide instructions to each teacher with Hello Gram handouts or ideas on how students can create their own Hello Grams.

Option B: Set up a Hello Gram station in the lobby, courtyard, cafeteria, or high traffic area in the school on November 21st. SAVE Promise Club student leaders can use the provided Hello Gram handouts or make their own using recycled paper, cards, and sticky notes. Get creative!

Option A: SAVE Promise Club Student Leader Task List

- Make morning announcements or broadcasts about World Hello Day starting on Monday, November 18th to raise awareness and excitement leading up to the day.
Sample Announcement: *Privet, Bonjour, Guten Tag, Hola, Nǐ hǎo, Salaam – these are just a few ways to greet someone with a friendly "Hello" around the world. Celebrate the greeting on World Hello Day, Thursday, November 21. Ask your <homeroom/social studies/advisory teacher> about how you will participate in the Hello Gram activity and set the intention to say "Hello" with a smile!*
- Give teachers instructions on how to create Hello Grams, either:
 - ❖ Make copies of the attached Hello Grams, cut them out, and make stacks of Hello Grams for each teacher. Make sure there are enough copies for the class rosters. **OR**
 - ❖ Instruct teachers to write Hello Gram prompts on their white boards and have students write anonymous Hello Grams to classmates using a plain piece of paper or index card. Sample instructions for teachers to write on the board may include: ***Write an anonymous Hello Gram for a classmate, use the sentence starter 'I am reaching out to say Hello to you today and.....' Once finished, hand it to me and at the end of class everyone will get a Hello Gram from a classmate in celebration of World Hello Day.***
- Provide the activity background and objectives for teachers to share with their students:

- **Who** is involved in World Hello Day – SAVE Promise Clubs are leading the school-wide activity to ensure each student in the school community receives a Hello Gram.
- **What** is the purpose is of the World Hello activity – to provide another opportunity to build a kind, connected school community and reinforce the three steps of *Start with Hello: see someone alone, reach out and help, and Start with Hello.*
- **Where** will the World Hello Day activity take place – in homerooms/social studies classes/lunch waves/advisory periods.
- **When** will the Hello Grams will be distributed (for example, at 8:00 a.m. on Thursday)
- **How** will the Hello Grams will be distributed – for example, instruct teachers to place each student’s name in a bowl or hat. Each student selects a name and is responsible for writing and delivering a Hello Gram to the selected student during that class period or ask students to write anonymous Hello Grams so no prior preparation is required.
- **How** will we celebrate our success? Create a Hello Gram bulletin board display where students can continue to share Hello Grams with classmates. Invite students to share their Hello Grams on social channels or over the broadcasting system.

Option B: SAVE Promise Club Student Leader Task List

- Make morning announcements or broadcasts about World Hello Day starting on Monday, November 18th to raise awareness and excitement leading up to the day.
Sample Announcement: *World Hello Day is Thursday, November 21. Stop by the SAVE Promise Club activity table in the <cafeteria/lobby/courtyard/main office> to create a Hello Gram for a classmate.*
- Make copies of the attached Hello Grams or get construction paper, sticky notes, and recycled cardstock or paper to make homemade Hello Grams. Also get markers, crayons, and pens/pencils to stock your SAVE activity table with fun art supplies.
- Prepare students to explain the activity to anyone who stops by the World Hello Day activity table:
 - **Who** is involved in World Hello Day – SAVE Promise Clubs are leading the school-wide activity to encourage friendliness and kindness.
 - **What** is the purpose is of the World Hello activity – to provide another opportunity to build a kind, connected school community and reinforce the three steps of *Start with Hello: see someone alone, reach out and help, and Start with Hello.*
 - **Where and When** will the World Hello Day activity take place – on November 21st at the <specific location> between the hours of <12 and 2 p.m.>.
 - **How** will the Hello Grams will be distributed – for example, SAVE Promise Club student leaders will distribute them in last period *or* students will hand deliver Hello Grams to the student of their choice *or* they can be randomly placed in/on lockers.
 - **How** will we celebrate our success - by sharing our gratitude for everyone who participated in World Hello Day in the school community and noticing a shift in the school culture with more students smiling and saying “Hello” to one another.
- At the end of World Hello Day, SAVE Promise Club members should share-out the successes of the Hello Gram activity and thank everyone in the school community who participated. This is another opportunity for SAVE student leaders to announce the great work they are doing and recruit more members!

Share your activities and tag @nationalsave or #SAVEPromiseClub on social!

Start with Hello - Gram



Hello - Gram

I am reaching out to you to say "Hello!"

I hope _____

I feel _____

I wonder _____

Your Hello-Gram is delivered with a smile today

by: _____

Hello - Gram

I am reaching out to you to say "Hello!"

I hope _____

I feel _____

I wonder _____

Your Hello-Gram is delivered with a smile today

by: _____