

# e-SAVE SOURCE

Youth Voices...Grown-Up Choices!

National Association of  
Students Against Violence  
Everywhere

322 Chapanoke Rd., Suite 110  
Raleigh, NC 27603

Phone: 919-661-7800

Fax: 919-661-7777

Email: [info@nationalsave.org](mailto:info@nationalsave.org)

April 2014  
Volume 13, Issue 4

## Bullying & Relationship Violence Prevention

### SUGGESTED ACTIVITIES FOR NATIONAL YOUTH VIOLENCE PREVENTION WEEK APRIL 7-11, 2014

SAVE is proud to be a founding partner of the National Youth Violence Prevention Campaign. The goal of this campaign is to raise awareness and to educate students, teachers, school administrators, counselors, school resource officers, school staff, parents, and the public on effective ways to prevent or reduce youth violence. This week long national education initiative will involve activities that demonstrate the positive role young people can have in making their school and community safer. More info: <http://www.nationalsave.org/NYVPW>



#### AWARENESS

Many activities can be conducted prior to the week to bring awareness to your campaign:

##### Teacher Workshop

- ✓ Conduct a teacher workshop and share tips, lesson plans and ideas for teachers to use during the week.

##### Awareness Posters

- ✓ Create awareness posters that list the daily activities that will occur during the week.

##### One in Four

- ✓ Place purple and orange ribbons on lockers before school starts. Place purple ribbons on all lockers except the fourth locker where you place an orange ribbon. This represents the statistic that one in every four students will be affected by violence this year.

#### DAY 1: PROMOTE RESPECT & TOLERANCE

##### Sponsor: Teaching Tolerance

<http://tolerance.org>

##### Respect & Tolerance Essay Contest

- ✓ Read winning entries over morning announcements or at an event.

##### Reach out to the Unreached!

- ✓ Challenge all students to get to know at least one person they do not know.

##### Cultural Day

- ✓ Host a day where dress, activities, decorations and food reflect different cultures from around the world.

##### Experience History

- ✓ Identify examples of respect and lack of respect for others in history and literature.

"When a bully is held accountable for his actions, his future actions will change. Bad behavior only continues for those who allow it."

~ Gary Hopkins

### In this Issue:

National Youth Violence  
Prevention Week

Question of the Month

Be Heard - Get Social

Monthly Focus: Bullying  
& Relation Violence  
Prevention

Parker's Points

YABer Yak

SAVE Store

Opportunities & Information

Upcoming Events

# National Youth Violence Prevention Week

## DAY 2: MANAGE YOUR ANGER

Sponsor: American School Counselor Association

<http://schoolcounselor.org>

Don't let anger heat you up!

- ✓ Provide students with free hot chocolate or fireballs with the above phrase attached.

Pledge to be Fight Free

- ✓ Conduct a contest between grades to see how many students will pledge to remain fight free.

Role Plays

- ✓ Illustrate positive ways to deal with specific situations such as being bullied or theft.

Exercise the Anger Away

- ✓ Use physical education classes to demonstrate healthy ways exercise can be used to release anger and stress.

## DAY 4: SUPPORT SAFETY

Sponsor: Center to Prevent Youth Violence

<http://cpyv.org>

Poster Contest

- ✓ Conduct a SPEAK UP themed poster contest. Display and let students or faculty judge.

Speak Up

- ✓ Set up anonymous reporting system for weapon threats and threats of violence, such as I-866-SPEAK-UP.

Safety Fair

- ✓ Coordinate a safety fair with exhibits and activities involving local safety officials and agencies.

School Safety Committee

- ✓ Develop a school safety committee, including both students and adults, which meets regularly throughout the year.

## DAY 3: RESOLVE CONFLICTS PEACEFULLY

Sponsor: GLSEN

<http://glsen.org>

Can you hear me?

- ✓ Have students brainstorm ways to be a good listener and illustrate the examples.

Mediate This!

- ✓ Establish a peer mediation program at your school. Kickoff with an assembly that includes role plays.

PSA

- ✓ Create a public service announcement on the importance of managing conflicts peacefully.

Establish Fight Free Days

- ✓ If students and faculty can go so many days fight free the entire school receives a reward such as an ice cream cone or early release on Friday.

## DAY 5: UNITE IN ACTION

Sponsor: Youth Service America

<http://ysa.org>

Service your School or Community

- ✓ Organize a service project where all students and members of a community can come together and make a difference.

Peace Murals

- ✓ Paint a peace mural over graffiti or provide sidewalk chalk to students to create a peace sidewalk.

Adopt-a-student

- ✓ Institute a program where younger students are paired with older students.

Fingerprinting

- ✓ Coordinate a fingerprinting afternoon. Work with local law enforcement and parent to fingerprint young children.

[nationalsave.org/NYVPW](http://nationalsave.org/NYVPW)

## SAVE Question of the Month

Please share the SAVE Question of the Month with your SAVE members. They can respond to the question on our website and facebook page:

**April QOM: *How is your SAVE Chapter addressing bullying and relationship violence in your school and community?***

Please blog your responses to:

<https://nationalsave.org/qom-april-2014>

We are also still collecting responses to last month's question: ***"National Youth Violence Prevention Week is April 7-11, 2014. What activities will your group conduct during this important week?"***

Please blog your responses to:

<https://nationalsave.org/qom-march-2014>



Be Heard - Get Social!

#NATIONALSAVE

SCAN THE CODE TO FOLLOW, INTERACT AND WIN!

## Monthly Focus: Bullying & Relationship Violence Prevention

SAVE members can strive to prevent bullying and relationship violence by educating the public about warning signs, consequences and proactive steps to safeguard possible victims. By approaching the program from three angles: crime prevention, conflict management, and service projects, SAVE members can help thwart these growing areas of violence. Bullying and relationship violence can cover many areas including (but not limited to) child to child bullying, dating violence, child abuse, sibling abuse, domestic violence, and interpersonal violence (e.g. between friends). With April being National Child Abuse Prevention Month, bullying and relationship violence prevention are perfect topics to address in your school and community. National Youth Violence Prevention Week occurs this month (April 7-11, 2014) be sure to visit <http://nationalsave.org> for activity ideas for each day of the week!

For activity ideas and lesson plans: <http://nationalsave.org/chapter-tools/conflict-management/>

### Ami Parker, 2013 SAVE Advisor of the Year: Parker's Points



During Youth Violence Prevention Week, April 7-11, 2014, our club will celebrate Peace. Our members cut out small peace symbols. During lunches, students are asked to write quotes and inspirational sayings on the peace signs. These small peace signs are used to create wall displays of larger Peace Symbols throughout the school in these locations: near the auditorium, cafeteria, and front office. The goal is to remind students to peacefully resolve their conflicts. We especially like these activities for the visual cues that are placed around school. Also, because students are instrumental to writing the messages, we definitely promote "Youth Voices" through this activity.

We also take this opportunity to educate younger students. We participate with a local church and Boys/Girls Club to do an Easter Egg Hunt and short lesson on violence prevention lesson on April 11. In March, we collected stuffed animals and teddy bears to use as prizes for this event.

### YABer Yak: National Youth Advisory Board CoChair Anna Tsui, Chapel Hill HS, NC



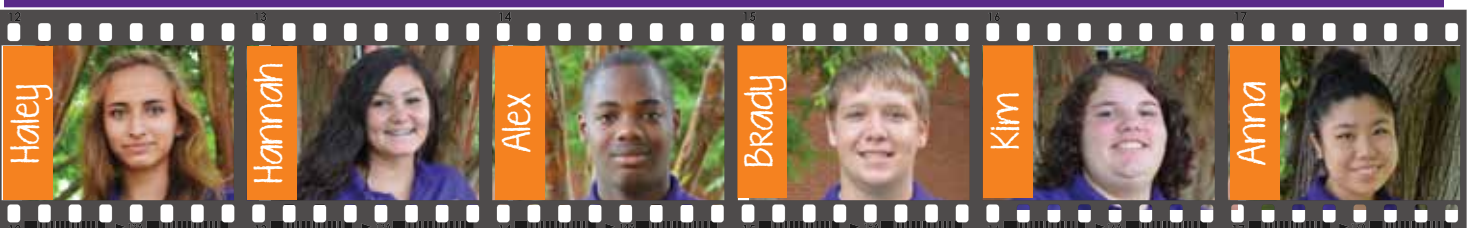
As we all know, National Youth Violence Prevention week is coming up and SAVE's 25th anniversary is just around the corner. For those of you who are not attending the summit on April 12th, here are some fun ideas that you and your club mates can do for the occasion.

- At CHHS, we give flowers for students to pin onto their backpacks to raise awareness of relationship violence. A slip of paper is pinned to the flower that contains a shocking fact about teen relationship violence.

- A project that we conduct involving bullying is what we call "Breaking the Chain of Violence."

We set up a booth in the main hallway of our school and get students to sign colored slips of paper representing either a type of bullying that they've experienced or have seen. These slips of paper are then stapled together in chain links and the whole chain is hung up along the main hallway. The chain is broken in the middle representing the broken chain of violence and a poster is hung next to it to explain the message behind our project.

I hope that these ideas helped spur some of your own. There are plenty more available on the National SAVE website if you are interested. Happy April!



## Shop at the SAVE Store



**New Item: Be the Change T-shirt**  
**Size: S, M, L, XL, 2XL, 3XL**

**\$12.00 each**

**Item #158**

<http://nationalsave.org/new-be-the-change-ghandi-t-shirt/>

*Note: SAVE Summit participants will be receiving this t-shirt!*



**Overstock Sale: I Believe T-shirt**

**Size: 3XL only**

**\$8.00 each**

**Item #135**

<http://nationalsave.org/i-believe-t-shirt-size-3x-reduced-price/>



**On Sale: White Polo SAVE Shirt**  
**Sizes: S, M, L, XL, 2XL**

**\$8.00 each**

**Item #131**

<http://nationalsave.org/white-polo-save-shirt-now-only-12/>

Approximately 9% of high school students report being hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend in the 12 months before being surveyed.

~ CDC Youth Risk Behaviour Survey, 2012

## Opportunities & Information

### SAVE Calls for 25,000 People to Donate \$1 Each

SAVE's 25th anniversary fundraising campaign is being held through Causes.com. The \$25,000 goal aims to empower students to end violence and bullying in schools. The funds will cover the cost to establish or renew 125 SAVE chapters at U.S. elementary, middle and high schools and colleges. Interested schools can complete the quick application on the fundraising website. Interested donors can learn more about SAVE's 25th anniversary campaign at <https://www.causes.com/campaigns/74613-help-prevent-youth-violence>.

### Kick Off GYSD with your Classmates!

SAVE challenges you to ask your classmates to get involved in your Global Youth Service Day project. Get them to RSVP to your project on the GYSD Map and submit a story about your success to the Stories of Service blog! Kids around the world want to hear about it! <http://www.GYSD.org>

### STOP RX ABUSE - Deadline April 15, 2014

Help warn others about the dangers of prescription drug abuse by participating in a student video contest. Any North Carolina high school student can participate by creating a brief public service announcement video on teen prescription drug abuse and entering it for a chance to win prizes. <http://www.ncdoj.gov/Top-Issues/Fighting-Crime/Precription-Drug-Abuse/Stop-Rx-Abuse.aspx>

### Trends in Unwanted Online Experiences and Sexting

The Crimes Against Children Research Center has released the report, supported by funding from OJJDP, summarizing key findings from the Third Youth Internet Safety Survey. Topics include youth reports of unwanted sexual solicitations, online harassment, uninvited exposure to sexual material, and "sexting." <http://www.unh.edu/ccrc/pdf/Full%20Trends%20Report%20Feb%202014%20with%20tables.pdf>

### NIJ Announces Funding for Research To Increase School Safety - Deadline: May 15, 2014

The National Institute of Justice has announced the funding opportunity, Investigator-Initiated Research: The Comprehensive School Safety Initiative. NIJ will make available approximately \$15 million for multiple grants to fund research to examine the root causes of school violence and to develop new technologies, apply evidence-based practices, and test pilot programs to enhance school safety. <https://ncjrs.gov/pdffiles1/nij/sl001118.pdf>

## Upcoming Events

<b>April</b>	National Child Abuse Prevention Month	<a href="https://www.childwelfare.gov/preventing/preventionmonth/">https://www.childwelfare.gov/preventing/preventionmonth/</a>
<b>7-11</b>	National Youth Violence Prevention Week	<a href="http://nationalsave.org/NYVPW">http://nationalsave.org/NYVPW</a>
<b>12</b>	25th Anniversary SAVE Summit	<a href="http://nationalsave.org/Summit">http://nationalsave.org/Summit</a>
<b>11-13</b>	Global Youth Service Day	<a href="http://www.ysa.org/global_youth_service_day">http://www.ysa.org/global_youth_service_day</a>
<b>May</b>	National Youth Traffic Safety Month	<a href="http://nationalsave.org/YTSM">http://nationalsave.org/YTSM</a>
<b>1-3</b>	Confronting Family and Community Violence	<a href="http://www.apa.org/about/offices/ogc/apa-aba/conference.aspx">http://www.apa.org/about/offices/ogc/apa-aba/conference.aspx</a>