



## SUGGESTED ACTIVITIES FOR NATIONAL YOUTH VIOLENCE PREVENTION WEEK APRIL 7-11, 2014



### AWARENESS

Many activities can be conducted prior to the week to bring awareness to your campaign:

#### Teacher Workshop

- ✓ Conduct a teacher workshop and share tips, lesson plans and ideas for teachers to use during the week.

#### Awareness Posters

- ✓ Create awareness posters that list the daily activities that will occur during the week.

#### One in Four

- ✓ Place purple and orange ribbons on lockers before school starts. Place purple ribbons on all lockers except the fourth locker where you place an orange ribbon. This represents the statistic that one in every four students will be affected by violence this year.

### DAY 2: MANAGE YOUR ANGER

Sponsor: American School Counselor Association

<http://schoolcounselor.org/>

#### Don't let anger heat you up!

- ✓ Provide students with free hot chocolate or fireballs with the above phrase attached.

#### Pledge to be Fight Free

- ✓ Conduct a contest between grades to see how many students will pledge to remain fight free.

#### Role Plays

- ✓ Illustrate positive ways to deal with specific situations such as being bullied or theft.

#### Exercise the Anger Away

- ✓ Use physical education classes to demonstrate healthy ways exercise can be used to release anger and stress.

### DAY 4: SUPPORT SAFETY

Sponsor: Center to Prevent Youth Violence

<http://cpyv.org/>

#### Poster Contest

- ✓ Conduct a SPEAK UP themed poster contest. Display and let students or faculty judge.

#### Speak Up

- ✓ Set up anonymous reporting system for weapon threats and threats of violence, such as 1-866-SPEAK-UP.

#### Safety Fair

- ✓ Coordinate a safety fair with exhibits and activities involving local safety officials and agencies.

#### School Safety Committee

- ✓ Develop a school safety committee, including both students and adults, which meets regularly throughout the year.

### DAY 1: PROMOTE RESPECT & TOLERANCE

Sponsor: Teaching Tolerance

<http://www.tolerance.org>

#### Respect & Tolerance Essay Contest

- ✓ Read winning entries over morning announcements or at an event.

#### Reach out to the Unreached!

- ✓ Challenge all students to get to know at least one person they do not know.

#### Cultural Day

- ✓ Host a day where dress, activities, decorations and food reflect different cultures from around the world.

#### Experience History

- ✓ Identify examples of respect and lack of respect for others in history and literature.

### DAY 3: RESOLVE CONFLICTS PEACEFULLY

Sponsor: GLSEN

<http://www.glsen.org/>

#### Can you hear me?

- ✓ Have students brainstorm ways to be a good listener and illustrate the examples.

#### Mediate This!

- ✓ Establish a peer mediation program at your school. Kickoff with an assembly that includes role plays.

#### PSA

- ✓ Create a public service announcement on the importance of managing conflicts peacefully.

#### Establish Fight Free Days

- ✓ If students and faculty can go so many days fight free the entire school receives a reward such as an ice cream cone or early release on Friday.

### UNITE IN ACTION

Sponsor: Youth Service America

<http://www.ysa.org/>

#### Service your School or Community

- ✓ Organize a service project where all students and members of a community can come together and make a difference.

#### Peace Murals

- ✓ Paint a peace mural over graffiti or provide sidewalk chalk to students to create a peace sidewalk.

#### Adopt-a-student

- ✓ Institute a program where younger students are paired with older students.

#### Fingerprinting

- ✓ Coordinate a fingerprinting afternoon. Work with local law enforcement and parent to fingerprint young children.