

Celebrate
National SAVE Day
with

Students Against
Violence Everywhere

SAVE

ELEMENTS FOR A
SUCCESSFUL SAVE DAY

- S ★ STUDENTS
- S ★ STAFF
- S ★ SERVICE
- A ★ AWARENESS
- A ★ ACTIVITIES
- A ★ ACADEMICS
- V ★ VIOLENCE PREVENTION
- V ★ VOICES
- E ★ VOLUNTEERS
- E ★ ENGAGE
- E ★ EMPOWER
- E ★ ENCOURAGE
- E ★ EDUCATE

Youth Voices...
Grown-Up
Choices!



Toll Free: 866-343-SAVE
Fax: 919-661-7777
www.nationalsave.org

Dear SAVE Friends:

The National Association of Students Against Violence Everywhere (SAVE) is proud to announce National SAVE Day will take place annually during America's Safe Schools Week. America's Safe Schools Week is the third full week of October each year, and National SAVE Day occurs on the Wednesday of that week. SAVE members across the country are planning activities to bring awareness to the issue of school violence and how they are searching for real solutions to this problem.

Please join us in this important event. In this packet you will find ideas and strategies for a successful National SAVE Day. Visit our website (www.nationalsave.org) frequently for additional ideas and opportunities, as well as downloadable copies of the samples. Plan early for your event so you can fund raise or purchase materials if needed! Send us your ideas so that we can share them with others.

Youth Voices... Grown-Up Choices!

Carleen Wray

Carleen Wray
Executive Director

National Association of
Students Against Violence Everywhere

*** SAMPLE ***
30-Second PSA

My name is {insert name} and I am proud to be a member of Students Against Violence Everywhere (SAVE). What is SAVE? SAVE is a program that engages students in meaningful violence prevention efforts within their schools and communities. SAVE was started by students in Charlotte, NC in 1989 after the tragic death of a classmate who was trying to break up a fight at an off-campus party. Nearly all young people across the nation are affected by violence. Its impact has devastated schools and communities and has brainwashed some youth into believing that violence is right. Violence is a behavior that we choose to learn and we can choose to unlearn it. The SAVE Chapter at {insert school} is actively involved in helping our school and community solve this problem.

{Insert day} is National SAVE Day and our SAVE Chapter is {insert brief description of activities}. To find out more about SAVE, contact {insert chapter contact} or the National SAVE office at 866-343-SAVE or visit www.nationalsave.org. Youth Voices.... Grown-Up Choices!

*** SAMPLE ***



Violence Prevention Pledge

- * I will not support or participate in any physical or verbal violence against any person.
- * I agree not to bring a gun or any weapon to school or to any school event.
- * If I see a gun or other weapon on campus or at a school event, I will alert an adult about its existence.
- * I will demonstrate respect for others and encourage others to be positive role models for their peers.
- * I will tell my peers to seek adult assistance when conflict situations begin to get out of control.
- * I will support the protection and consolation for victims of violence.
- * I will work to make our school and community free from violence, drugs and weapons.
- * I will oppose the glorification of violence in the media and our culture.
- * I will be committed to resolving conflicts without violence.
- * I will practice respect and love for the earth and all creatures.
- * I will pledge to support my peers in my community by examining my own actions and making every effort to practice safety in my own life.

Signed _____ Date: _____



★ STUDENTS

- Ensure Students are key players in violence prevention efforts.
- Hear student voices and concerns.
- Have a student seat on the safe schools committee.

★ STAFF

- Ask principal to officially proclaim National SAVE Day.
- Recognize staff members who have contributed to safe school efforts.
- Involve staff members in SAVE day planning and activities.

★ SERVICE

- Initiate a violence prevention service project(s).
- Have SAVE members do peer teaching/mentoring.

★ AWARENESS

- Announce school violence statistics on intercom.
- Create awareness posters with National SAVE Day activities.
- Invite the media to your National SAVE day activities and send press releases after the event with pictures.

★ ACTIVITIES

- Sponsor a violence prevention Poster Contest or a sidewalk mural event.
- Raise awareness by placing purple ribbons on all lockers except the fourth locker where you place an orange ribbon. This represents the statistic that one in every four students will be affected by violence this year.

★ ACADEMICS

- Emphasize that programs such as SAVE are effective in preventing violence as well as assisting in creating safe and secure learning environments.





★ **VIOLENCE PREVENTION**

- Focus on crime prevention and conflict management strategies.
- Conduct classroom or school wide violence prevention activities.
- Kick-off a Fight Free Days initiative to aid in managing conflicts. Set up a reward system to acknowledge success.

★ **VOICES**

- Conduct a violence prevention essay contest.
- Sponsor a Decorate-a-Door contest for homeroom classes.
- Create a public service announcement to play on in-house channel or distribute to local radio and television stations.

★ **VOLUNTEERS**

- Ask local emergency agencies to provide information stations.
- Invite parents, PTA, civic organizations, and faith-based agencies to help plan and conduct successful National SAVE Day activities.

★ **ENGAGES**

- SAVE engages students in meaningful violence prevention efforts within their school and community.

★ **EMPOWERS**

- SAVE empowers youth with knowledge and skills necessary to provide service to their community and school.

★ **ENCOURAGES**

- SAVE encourages positive peer influences within the school and community through violence prevention efforts.

★ **EDUCATES**

- SAVE educates students about the effects and consequences of violence as well as safe activities for students, parents and the community.



~ Sample Proclamation~



National SAVE Day

WHEREAS, nearly all young people across the nation are affected by violence; and

WHEREAS, its impact has devastated schools and communities and has brainwashed our youth into believing that violence is right; and

WHEREAS, violence is a behavior that we choose to learn, and we can choose to unlearn it; and

WHEREAS, students must take and be offered the opportunity for undertaking proactive roles in schools and communities to prevent violence; and

WHEREAS, Students Against Violence Everywhere (SAVE) was established by students after the death of a fellow classmate; and

WHEREAS, SAVE is a student-initiated and student-led program that educates youth in three essential elements, which are crime prevention, conflict management and serving others in meaningful projects; and

WHEREAS, SAVE chapters provide awareness opportunities to the entire school and community about the consequences of violence and is a long-range, proactive and preventative strategy that is open to all students; and

WHEREAS, the time has come for students to make a choice; and

WHEREAS, they must choose the type of individual they wish to become, students who indulge in violence or "Students Against Violence Everywhere"; and

WHEREAS, school administrators, educators, law enforcement, parents, and mostly students believe SAVE is a major factor in reducing violence on and around campus and SAVE activities have enabled youth to live by the SAVE slogan of "Youth Voices ... Grown-up Choices!"

NOW, THEREFORE, BE IT RESOLVED, I _____ (insert name) _____, _____ (title/position and agency) _____, do hereby proclaim _____ as "National SAVE Day." I call upon all the youth of our area to observe this day with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this _____ day of _____, in the year _____.

~ Sample Agenda ~

Students Against
Violence Everywhere



National SAVE Day Rally

Welcome

Mission of SAVE

Brief History of SAVE

Violence Prevention Message

- Preventing violence means knowing what violence is.
- Preventing violence is a way of life for courageous people.
- Preventing violence seeks to win friendship and understanding.
- Preventing violence means accepting consequences for your actions.
- Preventing violence chooses love instead of hate.
- Preventing violence means taking a stand on the side of justice.

Brief Violence Skit or Guest Speaker

Student Poem

Message about "bullying"

Think bullying behavior is only a problem in elementary school? Think again. Bullies keep bullying as long as it works -- as long as it makes them feel more powerful. It is everyone's responsibility to stop bullying. Do not be afraid to get help when necessary. It takes courage.

- Treat others the way you would like to be treated.
- Speak out against the bully.
- Hang out with friends who do not get involved in bullying.
- Stand up for others.

Brief Bully Skit

Challenge to Students

Review of SAVE "I Believe" Statements and challenge to students on what will they believe.

"I Believe" SAVE Song

SAVE Cheer

Adjourn



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www.nationalsave.org

SAMPLE **MEDIA ADVISORY**

Join Students Against Violence Everywhere (SAVE) Members as They Celebrate NATIONAL SAVE DAY

WHO: SAVE Members of <<Insert School/Agency Name>>

WHAT: **National SAVE Day**
Join SAVE members as they empower, encourage, educate and engage others in preventing violence in their school and community. By focusing on crime prevention, conflict management and service to their school and community, these students will bring awareness to the issue of school and community violence as part of their activities on National SAVE Day. SAVE members across the country are showing how they are a part of the solution, as they live by SAVE's slogan of "Youth Voices... Grown-up Choices!"

WHY: Research continues to confirm that SAVE's issue of school violence prevention is a top issue for youth/teens.
<<Insert local violence statistic>>

WHEN: <<Insert Date and Time of Event>>

WHERE: <<Insert School/Agency Name & Address>>

CONTACT: For more information on this event or other SAVE activities, please contact <<Insert chapter contact>> at <<insert phone number>>. To learn more about the history of SAVE and this national effort, please visit www.nationalsave.org

National Association of
Students Against Violence Everywhere



**Join us in celebrating
National SAVE Day!**



**National SAVE Day Activities
brought to you by**

(Your school/organization information)

and

**The National Association of
Students Against Violence Everywhere
866-343-SAVE FAX: 919-661-7777
www.nationalsave.org**

Youth Voices... Grown-Up Choices!

<<Place a list of your
National SAVE Day activities here,
be sure to include the date and times.>>

Violence Prevention... Get Involved!

Students

- ★ **Talk it Out!** Settle arguments with words, not fists or weapons. Learn how to manage your anger effectively. Find ways to settle arguments by talking it out, working it out, or walking away rather than fighting.
- ★ Report rumors, threats, crimes or suspicious activities to teachers, principals, School Resource Officers or other adults.
- ★ Learn safe routes for traveling to and from school, and know good places to seek help.
- ★ Don't use illegal substances, and stay away from places and people associated with them.
- ★ Refuse to bring a weapon to school, refuse to carry a weapon for someone else, and refuse to keep silent about those who carry weapons.
- ★ Establish a Students Against Violence Everywhere Chapter (SAVE) at your school or join an existing one.
- ★ Get involved in violence prevention activities - have poster contests against violence, hold violence and drug prevention rallies.
- ★ Ask for a role in decision making about school rules, the discipline code and policies that affect you. Be actively involved in any school or community task forces dealing with the issue of school violence. Speak up and let others know how you feel about the issue.
- ★ Work with administrators to set up a way to anonymously report suspicious activities or rumors.
- ★ Help others settle disputes peacefully. Start or join a peer mediation program in your school.
- ★ Get involved and get your friends involved in community service projects and mentoring projects with younger kids.

Parents

- ★ Know where your kids are, what they are doing, and who they are with at all times.
- ★ Build a good relationship with your child through good communication. Encourage talk and be attentive. Show interest in school work. Talk about school each day.
- ★ Be familiar with school rules and regulations and support them. Discuss with your children what the school considers a weapon and what the rules are. In many states, parents can be held liable for their children's actions, including inappropriate use of firearms.
- ★ Communicate clearly on the violence issue. Explain that you don't accept and won't tolerate violent behavior. Teach children how to reduce their risk of being victims of crime.
- ★ Act as role models. Settle your own conflicts peaceably and manage anger without violence. Help your children learn nonviolent ways to handle frustration, anger, and conflict.
- ★ Take an active role in your children's schools. Talk regularly with teachers and staff. Become involved in school activities - PTA, field trips, after school programs, and helping out in class or lunchroom.
- ★ Set clear limits on behaviors in advance. Discuss punishments and rewards in advance. Disciplining with framework and consistency helps teach self-discipline, a skill your children can use for the rest of their lives.
- ★ Discourage name-calling, teasing and bullying. These behaviors often escalate into fist fights (or worse). Whether the teaser is violent or not, the victim may see violence as the only way to stop it.

National SAVE Day Planning... Let's Get Started!

Early September:

- Conduct a chapter officers meeting
- * Meet to plan National SAVE Day. Things to consider:
 - * potential activities
 - * resources needed - funds, items, food, etc.
 - * guest speakers
- * Assign items to be researched/explored
 - * activity costs
 - * speaker costs
 - * fundraising opportunities
 - * community sponsors

Mid September

- * Present National SAVE Day ideas, needs and opportunities to Chapter members
- * Develop a timeline and action plan
- * Create committees and assign tasks
- * Order promotional items needed for National SAVE Day (i.e. t-shirts, pens, ribbons, wristbands, etc.)
- * From this meeting forward conduct weekly meetings for committee updates and further action assignments

Early October

- * Publicize upcoming National SAVE Day to student body, teachers, parents and the community. Suggestions: media release, Public Service Announcements (PSAs), posters, school newsletter, school website, email, and letters to parents
- * Continue weekly meetings
- * If appropriate confirm guest speaker and obtain speaker needs
- * Practice, practice, practice any skits or speaking events that will occur
- * Confirm sponsors and affirm if items will be picked up, delivered, etc.
- * Seek additional volunteers if needed for a successful National SAVE Day

Week of National SAVE Day

- * Monday
 - * distribute Media Advisory to local papers, radios, TV stations
 - * conduct PSA on in school announcements or TV programs, distribute to radio and TV stations
 - * hold Chapter meeting to finalize everything for Wednesday
- * Tuesday
 - * decorate for National SAVE Day
 - * tie up any loose ends
 - * call media and invite them to attend the next days' activities
- * Wednesday
 - * conduct National SAVE Day activities!
 - * be sure to recognize sponsors and supporters at events via signage and verbally

After National SAVE Day

- * send thank yous to:
 - * media that attended
 - * speakers
 - * sponsors
 - * volunteers
 - * administrators and staff
- * send pictures and a write up to National SAVE to be highlighted on the SAVE website!

Youth Voices...

Grown-up Choices!

THE NATIONAL ASSOCIATION OF STUDENTS AGAINST VIOLENCE EVERYWHERE (SAVE),

a nonprofit organization, is dedicated to providing students with the information and resources necessary to make a positive difference in safety efforts in schools and communities. The National Association of SAVE serves as the national clearing house for SAVE materials; provides training and technical assistance; coordinates the chapters across the country; sponsors a national youth summit; and works with students, counselors, teachers, administrators, law-enforcement and community agencies to establish and maintain SAVE chapters. Together we will make a positive difference and ensure that all students will attend a school that is safe and secure, free of fear and conducive to learning.

VISION

Schools and communities will be safer and more secure, free of fear, and conducive to learning as a result of students being actively involved in meaningful violence prevention efforts.



MISSION

The National Association of Students Against Violence Everywhere (SAVE), Inc. is a nonprofit organization striving to decrease the potential for violence in schools and communities by promoting meaningful student involvement, education and service opportunities in efforts to establish, support and grow SAVE chapters.

National Association of Students Against Violence Everywhere

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