

# e-SAVE SOURCE

Youth Voices...Grown-Up Choices!

National Association  
of Students Against  
Violence Everywhere

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## Focus On: Bullying Prevention



America's Safe Schools Week occurs annually during the third full week in October (18-24). Activities conducted during America's Safe Schools Week will draw attention to the continuing problem of school violence and educate everyone about how schools can be made safer and more secure. America's Safe Schools Week offers an opportunity to address this very important issue and takes steps to ensure that schools offer students and teachers an environment in which they can perform to the best of their abilities. National SAVE Day falls on the Wednesday of America's Safe School's Week and the National Rock-A-Thon to benefit SAVE takes place on Friday, October 23. Be sure to let National SAVE know about your activities during this important week! A list of primary strategies for dealing with students, parents, media, school administrators, service groups and community leaders, as well as a proclamation, can be found at: <http://nationalsave.org/what-we-do/save-events/americas-safe-schools-week/>.

### **NATIONAL SAVE DAY - October 21, 2015**

The National Association of Students Against Violence Everywhere (SAVE) invites you to participate in National SAVE Day! Mark your calendars for this important event to take place on October 21, 2015. This event occurs during America's Safe Schools Week. SAVE members across the country are planning activities to bring awareness to the issue of school violence and finding real solutions to this problem. Join SAVE members as they empower, encourage, educate and

"When a bully is held accountable for his actions, his future actions will change. Bad behavior only continues for those that allow it"  
-Gary Hopkins

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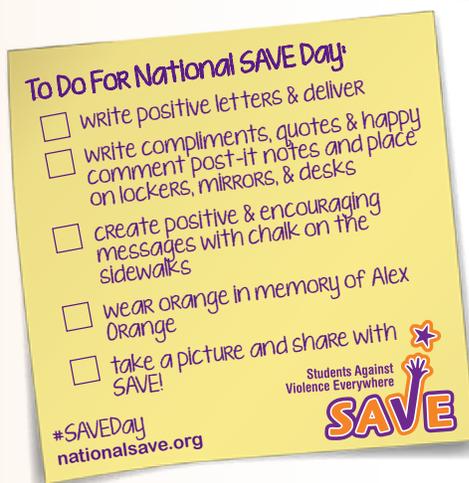
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engage others in preventing violence in their school and community. With a focus on crime prevention, conflict management and service, these students will highlight school and community violence prevention during National SAVE Day activities. SAVE members everywhere are showing how they are a part of the solution, as they live by SAVE's slogan of "Youth Voices... Grown-up Choices!" For more information checkout <http://nationalsave.org/what-we-do/save-events/national-save-day/>



## It's Rock-A-thon Time!

On Friday, October 23, 2015 SAVE Chapters from across the country will Rock in a Safe School Year as they kick off the National Rock-A-Thon to benefit SAVE. Will your chapter Rock-In the school year in rocking chairs? Or your Rocking in the school year with Rock Music? By participating in the National SAVE Rock-A-Thon, SAVE chapters will have a tremendous impact on improving safety while helping to achieve SAVE's vision of schools being safe and secure, free of fear and conducive to learning. Funds received from the SAVE Rock-A-Thon



will help sponsor local chapters and enable National SAVE to continue its mission by engaging, educating, empowering and encouraging students to make a positive difference in the safety of their school and community. SAVE will continue to distribute quality educational programs, brochures, lesson plans, technical assistance, and opportunities to exchange information as a part of general operating costs. National SAVE is a public 501(c)3 nonprofit and is funded through public support. We are asking every SAVE chapter to participate in this nationwide effort. For your planning guide visit: <http://nationalsave.org/what-we-do/save-events/national-rock-a-thon/>

## SAVE Question of the Month

Please share the SAVE Question of the Month with your SAVE members. This a place to ask questions and get responses from SAVE members across the country.

**"Why do you think bullying occurs? How does your SAVE Chapter address this issue in your school and community? What is your chapter doing for America's Safe Schools Week, National SAVE Day and the National SAVE Rock-A-Thon?"**

Please blog your responses to: <http://nationalsave.org/qom-october/>

## Officer Daisy's Do's & Don't

### Do what's right; Report It!

It is very hard for school officials to identify and manage bullying when it is not being reported. There is no single solution to bullying or best way to handle a bully. There are several ways you can address bullying at your school. Recognize the problem and talk to the students about it. There are several forms of bullying; assault, tripping, rumor spreading, name calling and insults via text or social media. Identifying and talking about the problem can be a huge stress reliever for someone who is being bullied. Try to encourage peer advocacy. The majority of students fear retaliation or losing their own social status, some believe adults won't do anything about it, others may think bullying is entertaining, or they may not know how to report the abuse. When students go from being bystanders to being "up-standers," attempts to address bullying will be more successful! Students should be taught to stand up for each other. Only about 15% of bullying victims tell someone they are being harassed. Most victims keep quiet because they are embarrassed. The first step is to simply listen and focus on the student. Let them know you want to help. Get others involved because children feel more secure about speaking up if they know they will be taken seriously and have a support network. Collecting evidence is very critical, especially in cyberbullying cases. Saving threatening texts and social media posts helps school administrators and police address the issue.



*Early reporting is a key to prevent the harm from continuing and growing into personal tragedy!*



### Monthly Focus: Bullying Prevention

by Gabrielle Allen-Destroismaisons, SAVE Youth Advisory Board

Bullying is a highly discussed topic when it comes to school issues. I'm sure that most students in public schools have been to assemblies on the topic, seen bullying prevention videos, and have probably seen guest speakers talk about their own experiences with bullying. Why is there still bullying then? The issue of bullying exceeds what simple awareness is able to do. Most people are aware that bullying is highly present in our schools across the country; yet do not take the issue seriously. There is a real misunderstanding—almost a

lack of empathy toward victims of bullying.



The "kids will be kids" attitude trivializes traumatic events and is quite honestly an excuse for unacceptable behavior. Peers, teachers, and administrators who see bullying and do nothing or say nothing contribute to the problem and aid in making the victim feel even more isolated and alone. By failing to address bullying when we see it, we are saying that it is acceptable, that it is "okay". I do not think that most people view bullying in this way but simply do not want to "get involved".

By not getting involved, we are failing to accept the responsibility of looking out for one another. We are all human, and no one wants to be bullied. Speaking out against bullying outside of actual intervention can include activities that simply brighten up your school and spread messages of kindness. At the end of the day, not condoning violent, aggressive culture in our schools, or anywhere for that matter, is going to go a long way.

When students are scared to go to school for fear of being bullied, we have all failed. Let's stop this together.

For some great ideas on how you can get involved and help to prevent bullying, check out the following links:

- <http://nationalsave.org/chapter-tools/conflict-management/bullies/>
- [http://www.stopbullying.gov/what-you-can-do/teens/youthengagement\\_brieftoolkit\\_compliant.pdf](http://www.stopbullying.gov/what-you-can-do/teens/youthengagement_brieftoolkit_compliant.pdf)
- <http://www.stompoutbullying.org/index.php/campaigns/national-bullying-prevention-awareness-month/>
- <http://www.pacer.org/bullying/resources/toolkits/>

## Opportunities & Information

Thanks to the Allstate Foundation, SAVE is offering Mini-grants in NC & MS. SAVE chapters are being selected to receive mini grants thanks to the Allstate Foundation in North Carolina and Mississippi. North Carolina chapters are focusing on youth empowerment activities through their various activities and Mississippi chapters are focusing on Teen Safe Driving for the 2015-2016 school year. Learn more about what these chapters are doing at <http://nationalsave.org/allstate/>



**The Relationship between Bullying and Suicide: What We Know and What It Means for Schools**, published by CDC's Division of Violence Prevention, to provide concrete, action-oriented guidance to help school staff increase their understanding of and ability to prevent and respond to bullying and suicide-related behavior. <http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf>

### Prudential Spirit of Community Awards

Deadline: 11/4/15. Middle and high school students who volunteered to help a community at home or abroad in the previous year are eligible to apply for an award of \$1,000 <http://spirit.prudential.com/view/page/soc>

### NEA Foundation-Learning and Leadership Grants 2015

Deadline: 10/15/15. Learning and Leadership grants support public school teachers, public education support professionals, and/or faculty and staff in public institutions of higher education to fund participation in high-quality professional development experiences, such as summer institutes or action research. <http://www.neafoundation.org/pages/learning-leadership-grants/>

## Upcoming Events More info: [nationalsave.org/events](http://nationalsave.org/events)

Oct	<b>Focus: Bullying Prevention</b>
	National Bullying Prevention Month National Crime Prevention Month
9/14-10/16	Martin Richard Bridge Builder Campaign
5	Child Health Day
5-8	Mental Illness Awareness Week
19-23	<b>America's Safe Schools Week</b>
21	<b>National SAVE Day</b>
23	<b>National SAVE Rock-A-Thon</b>
27	Mix-It-Up at Lunch Day
Nov	<b>Focus: Weapon Safety</b>
	Runaway Prevention Month
23-27	National Family Week
Dec	<b>Focus: Reaching Out Through Service</b>
1	National Day of Giving
10	Human Rights Day

A journey of  
a thousand miles  
begins with a  
single step

- Lao Tzu



National SAVE Youth Summit  
March 12, 2016  
McKimmon Center  
Raleigh, NC

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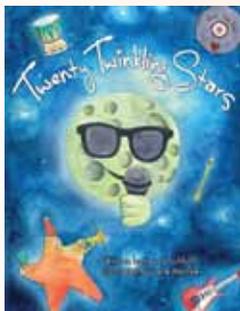
## SAVE Staff

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### **Tracy Haas**

Business Manager  
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## **Twenty Twinkling Stars Opportunity for SAVE Chapters**

The National Association of Students Against Violence Everywhere was selected by the Arbonne Charitable Foundation to receive a grant to engage, empower, encourage and educate teens in providing character education to younger students. Through the grant, SAVE chapters will lead outreach to preschools, kindergartens and first grade classrooms to provide lessons on positive character traits, kindness, and bullying prevention. High School, Middle School and Elementary

SAVE Chapters can participate. Students will utilize the book *Twenty Twinkling Stars* and related lesson plan materials. This project will build leadership skills, communication skills, presenting skills, and confidence in the youth presenters as well provide valuable life skills to the children who hear their presentation. Schools participating receive two free *Twenty Twinkling Stars* books as well as a lesson plan and activity guide.



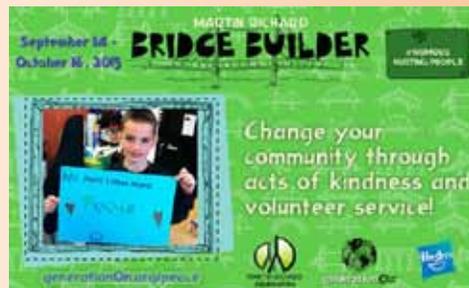
For more information and to download the chapter agreement, visit:

<http://nationalsave.org/twenty-twinkling-stars/>

## **Spread Peace and Kindness through Service!**

Martin Richard was an 8-year-old boy who believed in togetherness, teamwork and inclusion. Martin was tragically killed when the second of two bombs exploded near the finish line of the Boston Marathon on April 15, 2013. We can honor his wish for a more peaceful world by being kind and compassionate.

This fall, from September 14th – October 16th, generationOn, Hasbro and the Martin Richard Foundation invite you to join us in spreading peace and kindness. Whether it's planting a peace garden, making a get-well card for a sick friend, or simply inviting someone new to sit at your school lunch table, there are many free and easy ways to help us create a more peaceful world. Visit [www.generationOn.org/peace](http://www.generationOn.org/peace) to learn about ideas on how to create peace in your community.



## **Shop the SAVE Store:**

<http://nationalsave.org/shop/>



### **October Special!**

**Buttons: Buy 10 & get 1 free!**

**Item #104**



### **Be The Change Stickers**

**\$5.00 for a set of 50**

**Item# 171**