

e-SAVE SOURCE

Youth Voices...Grown-Up Choices!

National Association
of Students Against
Violence Everywhere

322 Chapanoke Rd., Suite 110
Raleigh, NC 27603

Phone: 919-661-7800

Fax: 919-661-7777

Email: info@nationalsave.org

March 2014
Volume 13, Issue 3

Youth Empowerment



25th Anniversary SAVE Summit: April 12, 2014

Students Against Violence Everywhere (SAVE) will be celebrating 25 years of SAVEing Youth at the National Youth Summit! The Summit will showcase successful practices in preventing violence and train participants in effective ways to make their schools and communities safer. This event is a time for youth voices to be heard in workshops, peer-to-peer presentations, and activities that Encourage, Educate, Engage, and Empower youth with violence prevention strategies.

Learn how SAVE chapters are addressing: youth violence, bullying, gangs, dating violence, theft, social media safety, substance abuse, self harm, and teen driving safety. There will be motivating workshops, outstanding speakers, national awareness efforts and special presentations. www.nationalsave.org/summit

SAVE ANNUAL AWARDS: Nominations Due March 25

Each year National SAVE recognizes outstanding SAVE members, advisors and chapters! The winners of this year's awards will be announced at the SAVE Summit. Winners receive a plaque and national media coverage. Now is your chance to recognize students who stand out as peacemakers and SAVE advisors who go the extra mile. It is also the time to nominate your own chapter to be nationally recognized for a job well done! Award nominations are being accepted through March 25, 2014. Visit www.nationalsave.org/awards to complete the online nomination form.



"When I was a boy
and I would see scary
things in the news, my
mother would say to
me, look for the helpers.
You will always find
people who are helping."
~ Fred Rogers

In this issue:

- SAVE Summit
- SAVE Annual Awards
- Shop the SAVE Store
- Call for SAVE Photos
- SAVE Peace Quilt
- Monthly Focus:
 - Youth Empowerment
- Question of the Month
- Parker's Points
- YABer Yak
- SAVE Welcomes Tracy Haas
- National Youth Violence Prevention Week
- Tell Us Your SAVE Story
- Funding/Contests
- Upcoming Events

Shop at the SAVE Store



New Item: Be the Change T-shirt

Size: S, M, L, XL, 2XL, 3XL

\$12.00 each

Item #158

<http://nationalsave.org/new-be-the-change-ghandi-t-shirt/>

Note: SAVE Summit participants will be receiving this t-shirt!



Overstock Sale: I Believe T-shirt

Size: 3XL only

\$8.00 each

Item #135

<http://nationalsave.org/i-believe-t-shirt-size-3x-reduced-price/>



On Sale: White Polo SAVE Shirt

Sizes: S, M, L, XL, 2XL

\$8.00 each

Item #131

<http://nationalsave.org/white-polo-save-shirt-now-only-12/>

Call for Photos/Slide Shows!

SAVE is collecting photos for a slide show that will premier at the SAVE Summit. Send us photos of your chapters in action, or pictures of SAVE members and their favorite peace quote!

Chapters are also welcome to submit their own slide shows or videos! SAVE will select several to play in the general sessions at the summit.

In order to make the show as inclusive as possible, please submit by April 1, 2014 to eduvall@nationalsave.org or mail them to the National SAVE office. Don't forget to include the following with each: School, Chapter name, and Advisor name.



Chapters Participate: SAVE Peace Quilt

SAVE chapters are asked to participate in the creation of a SAVE Peace Quilt! Please decorate orange, purple or white 9" X 12" felt pieces in nonviolent messages. Feel free to decorate with markers, paint, glued on items, etc. At the Summit we will be joining the squares together with purple and orange yarn to form the SAVE Peace Quilt. If you cannot attend the Summit, please mail your chapter's items to the National SAVE office before April 1, 2014.

Monthly Focus: Youth Empowerment

SAVE empowers youth with knowledge and skills necessary to provide service to their community and school. SAVE was started by students in 1989 with the vision that all students would one day embrace the idea that the power of positive change was in their hands. SAVE has stayed true to its roots and today the overall goals of the program are still guided with the assistance of the National Youth Advisory Board (YAB). Youth who are EMPOWERED to make a difference in their schools and communities are a key component of the SAVE program. No matter what your age or school level, you can make a difference. Your ideas, views on safety and violence prevention, as well as your talents are important and vital since you are the future. Never set limits on what you want to accomplish! Feel the power within to take a step forward and Reach for the Stars!

For activity ideas and lesson plans focusing on youth empowerment, visit <http://nationalsave.org/what-we-do/empower/>

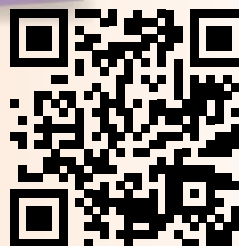
SAVE Question of the Month

Please share the SAVE Question of the Month with your SAVE members. They can respond to the question on our website and facebook page:

March QOM: "National Youth Violence Prevention Week is April 7-11, 2014. What activities will your group conduct during this important week?"

Please blog your responses to:

<https://nationalsave.org/qom-march-2014>



Be Heard - Get Social!

#NATIONALSAVE

SCAN THE CODE TO FOLLOW, INTERACT AND WIN!

Ami Parker, 2013 SAVE Advisor of the Year: Parker's Points



Our SAVE members have the most creative ideas. I am always wowed with their ingenuity and compassion in planning activities to help others. Our club members are dedicated to raising awareness about violence prevention and making positive choices. Even something as simple as signing banners in the cafeteria to “x the text” or no bullying raises awareness and starts discussions about good choices. Last year we focused on peaceful living. The students cut out peace signs. They invited their peers to write quotes or statements about peace and happiness on the peace signs. These signs were used to create a large peace sign display on the wall outside our cafeteria. Also, last year we had a theme of “helping hands.” We used cute outs of handprints and had students to sign their name, pledging to be a helping hand to someone else. Students have great ways to use simple ideas and minimal resources while still creating a large impact. SAVE empowers youth to create a more positive school environment.

YABer Yak: National Youth Advisory Board Member Hannah Brown, Terry Sanford High School, NC



Youth Empowerment is very important to have in your SAVE chapter. Youth empowerment is a process where the youth gain the ability and authority to make decisions and implement change in their own lives and the lives of other people, including youth and adults. Everyone is different in how outgoing they are but you have to break people out of their comfortable little shell! Give your chapter projects to do around the school that they have to run entirely by themselves. This will challenge them to step out and get the job done while reaching out to their student body.

I challenge you this month to sit at lunch with that kid that eats alone, to help the kid who drops their books in the hall, and most importantly to prove yourself as a leader.

SAVE Welcomes: Tracy Haas, Administrative Assistant



National SAVE is excited to welcome Tracy Haas as the Administrative Assistant of SAVE. Ms. Haas is responsible for maintaining and updating the SAVE website, social media, SAVE chapters registrations around the country and internationally. She also oversees all administrative/secretarial functions of SAVE's national headquarters in Raleigh, NC.

Ms. Haas is the proud mom of two bright teenage boys and very excited to be part of such an important organization. Prior to her position at SAVE, Tracy was a Rehab Tech at the Brian Center. She has a long history of administrative experience and was a well respected Realtor in Newtown, CT for over 7 years. She is a Medical Assistant graduate from Stone Academy in CT, and attended Gateway-South Central College in New Haven, CT, where she majored in Child Psychology.





SUGGESTED ACTIVITIES FOR NATIONAL YOUTH VIOLENCE PREVENTION WEEK APRIL 7-11, 2014

AWARENESS

Many activities can be conducted prior to the week to bring awareness to your campaign:

Teacher Workshop

- ✓ Conduct a teacher workshop and share tips, lesson plans and ideas for teachers to use during the week.

Awareness Posters

- ✓ Create awareness posters that list the daily activities that will occur during the week.

One in Four

- ✓ Place purple and orange ribbons on lockers before school starts. Place purple ribbons on all lockers except the fourth locker where you place an orange ribbon. This represents the statistic that one in every four students will be affected by violence this year.

DAY 2: MANAGE YOUR ANGER

Sponsor: American School Counselor Association
schoolcounselor.org

Don't let anger heat you up!

- ✓ Provide students with free hot chocolate or fireballs with the above phrase attached.

Pledge to be Fight Free

- ✓ Conduct a contest between grades to see how many students will pledge to remain fight free.

Role Plays

- ✓ Illustrate positive ways to deal with specific situations such as being bullied or theft.

Exercise the Anger Away

- ✓ Use physical education classes to demonstrate healthy ways exercise can be used to release anger and stress.

DAY 4: SUPPORT SAFETY

Sponsor: Center to Prevent Youth Violence
cpyv.org

Poster Contest

- ✓ Conduct a SPEAK UP themed poster contest. Display and let students or faculty judge.

Speak Up

- ✓ Set up anonymous reporting system for weapon threats and threats of violence, such as 1-866-SPEAK-UP.

Safety Fair

- ✓ Coordinate a safety fair with exhibits and activities involving local safety officials and agencies.

School Safety Committee

- ✓ Develop a school safety committee, including both students and adults, which meets regularly throughout the year.

DAY 1: PROMOTE RESPECT & TOLERANCE

Sponsor: Teaching Tolerance
tolerance.org

Respect & Tolerance Essay Contest

- ✓ Read winning entries over morning announcements or at an event.

Reach out to the Unreached!

- ✓ Challenge all students to get to know at least one person they do not know.

Cultural Day

- ✓ Host a day where dress, activities, decorations and food reflect different cultures from around the world.

Experience History

- ✓ Identify examples of respect and lack of respect for others in history and literature.

DAY 3: RESOLVE CONFLICTS PEACEFULLY

Sponsor: GLSEN
glsen.org

Can you hear me?

- ✓ Have students brainstorm ways to be a good listener and illustrate the examples.

Mediate This!

- ✓ Establish a peer mediation program at your school. Kickoff with an assembly that includes role plays.

PSA

- ✓ Create a public service announcement on the importance of managing conflicts peacefully.

Establish Fight Free Days

- ✓ If students and faculty can go so many days fight free the entire school receives a reward such as an ice cream cone or early release on Friday.

UNITE IN ACTION

Sponsor: Youth Service America
ysa.org

Service your School or Community

- ✓ Organize a service project where all students and members of a community can come together and make a difference.

Peace Murals

- ✓ Paint a peace mural over graffiti or provide sidewalk chalk to students to create a peace sidewalk.

Adopt-a-student

- ✓ Institute a program where younger students are paired with older students.

Fingerprinting

- ✓ Coordinate a fingerprinting afternoon. Work with local law enforcement and parent to fingerprint young children.

Tell Us Your SAVE Story!

Many blogs, newspapers and other media outlets publish contributed articles from guest writers. This could be a published author, an industry expert or a general community member. As a valued supporter of SAVE, we'd love to work with you to author an article of your own! This is a great way to help further the SAVE mission, share your personal experiences, and build your resume and portfolio.

Here's what we need:

A 700-1500 word article written in first person about your personal experiences dealing with, witnessing, overcoming or learning from your mistakes surrounding bullying, violence or unsafe driving.

The process:

Submit all articles to lindsay@boltpr.com. You can also contact Lindsay with any questions or help choosing a topic. SAVE requests articles by the end of February 2014; however, we'll also be accepting articles throughout the spring.



Funding/Contest Opportunities

Allstate Foundation Mini Grants Available for Teen Safe Driving Activities!

Many schools, organizations and community agencies are planning activities to encourage Teen Safe Driving during key times including back to school, America's Safe Schools Week, holidays, National Youth Violence Prevention Week, National Youth Traffic Safety Month, Prom and Graduation. The National Association of Students Against Violence Everywhere (SAVE) has mini grants available for high schools and community agencies who are conducting activities this spring in Mississippi. Mini grants are \$1,000 and include educational items, materials, Teen Safe Driving Toolkits and a free SAVE Chapter affiliation. For a very brief (less than 2 pages) grant application go to: <http://nationalsave.org/wp-content/uploads/2012/11/Allstate-Grant-App-2013-14-FEB.pdf>



SAVE improves school environments by teaching students how to manage and resolve conflicts, thereby reducing violence and helping more students get involved in safer school efforts.

~SAVE Evaluation, ETI Evaluation & Training Institute

Upcoming Events

April	National Child Abuse Prevention Month	https://www.childwelfare.gov/preventing/preventionmonth/
7-11	National Youth Violence Prevention Week	nationalsave.org/NYVPW
12	25th Anniversary SAVE Summit	nationalsave.org/Summit
11-13	Global Youth Service Day	http://www.ysa.org/global_youth_service_day
May	National Youth Traffic Safety Month	nationalsave.org/YTSM