

e-SAVE SOURCE

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National Association
of Students Against
Violence Everywhere

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Focus On: Youth Empowerment

National Youth Violence Prevention Week

April 4-8, 2016

by Hayley Lemmons, Marketing Intern

Mark your calendars because April 4-8 is National Youth Violence Prevention Week and SAVE is excited to see what you've got planned! Founded in 2001, this campaign raises awareness and educates communities on effective ways to prevent or reduce youth violence. The campaign is a week-long event, with each day of the week corresponding to a specific challenge presented by one of the sponsors which will be executed by communities around the country.

The challenges and sponsors include the following:

- **Monday, April 4: Promoting Respect and Tolerance**
Sponsored by Teaching Tolerance
- **Tuesday, April 5: Manage Your Anger, Don't Let it Manage You**
Sponsored by the American Academy of Pediatrics
- **Wednesday, April 6: Resolve Conflicts Peacefully**
Sponsored by the GLSEN
- **Thursday, April 7: Support Safety**
Sponsored by STRYVE Action Council
- **Friday, April 8: Unite in Action**
Sponsored by Youth Service America

Check out the available National Youth Violence Prevention Week resources on the SAVE website (nationalsave.org/NYVPW) and don't forget to share your activities and ideas about #NYVPW through the website or on social media!



"When I was a boy and I would see scary things in the news my mother would say to me, look for the helpers. You will always find people who are helping."
- Fred Rogers

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Khalandra Williams - SAVE Shining Star

by Casey Cooke, Communications Intern

Our SAVE Shining Star for the month of February is Khalandra Williams. Khalandra is a senior at White Oak High School and consistently goes above and beyond with her leadership skills and dedication to her chapter. Khalandra demonstrates these skills along with her SAVE chapter by going on monthly field trips to mentor at Hunters Creek Elementary School. She and her fellow SAVE members plan, teach and execute lesson plans for the HCE SAVE chapter. These lessons include speakers, role plays, arts and crafts and games with a focus on conflict management, peer mediation and anti-bullying. A recent example of her involvement in her chapter was Miss Williams' performance with the SAVE orchestra in Pollocksville Presbyterian Church's Christmas Cantata on December 13.

Khalandra is active in her SAVE chapter and regularly volunteers for committees. She exhibits a high level of compassion for all students regardless of gender, race, age or sexual orientation. In her time with SAVE, Khalandra has helped attract and recruit students for the club, making it one of the most diverse on campus. She was the winner of the Martin Luther King, Jr. Scholarship and on March 12 she and members of the White Oak High School step team will be performing at the National SAVE Summit. Congratulations Khalandra Williams on being a SAVE Shining Star!

Do you have a SAVE member that shines above the rest? Would you like them to be recognized for their outstanding efforts? Please complete this brief form and share with us why the student should be recognized as a SAVE Shining Star by the National SAVE office. Students honored will receive a SAVE Shining Star Certificate, be publicly recognized for their efforts in the SAVE e-Source, on the SAVE Blog and in social media. We will also share their award with local media. <http://nationalsave.org/save-shining-star/>

SAVE Question of the Month

Please share the SAVE Question of the Month with your SAVE members. This is a place to ask questions and get responses from SAVE members across the country.

“This month's focus is on Youth Empowerment. How do you empower others to be violence free?”

Please blog your responses to: <http://nationalsave.org/qom-march/>

Shop the SAVE Store:
<http://nationalsave.org/shop/>



March Special!
Pencils:
Buy 10 Get 1 Free!
Item #109



Officer Daisy's Do's & Don'ts

by Officer Daisy McCarrroll, Biloxi High School (MS)

Youth Empowerment: What is youth empowerment? Youth empowerment is the process where children and young people are encouraged to take charge of their lives. Through youth empowerment, youth gain the skills to impact their own lives and the lives of other individuals, organizations and communities. These skills can be achieved through participation in programs such as non-profit organizations, government organizations, schools or private organizations.

There are several ways you can become empowering and a positive role model. Find the tools you need to collaborate and problem solve. Gather information and resources necessary for analyzing issues that affect your life or the lives of others. Use your passion and creativity for good and to share a positive message. Believing your voice matters and will make a difference in the world will keep you motivated. Not everyone is going to listen or respond the way you hoped. Don't let this get you down, but allow it to make you stronger. It's not going to be easy, but it will be worth it.

"There will always be another mountain you have to climb. Climb with strength and hope! When you get down and look over the land, you will see your works are great!" by unknown author.



YABer Yak: Jenny Suwanmanee (NC)

Attending the SAVE Summit? Want to learn how to stay even more connected with SAVE? You can get more information and even create your own SAVE chapter right here at www.nationalsave.org! Also don't forget to sign up for SAVE's Newsletter: e-Source! The SAVE Newsletter e-Source is a great way to stay connected to other SAVE chapters and see what people around the country are doing to help spread the message of violence prevention! Running out of ideas for new SAVE activities? The e-Source is also a great place to find new activities for your SAVE chapter to participate in! Stay tuned for a new e-Source every month! Have more questions that you want to be answered? Connect with National SAVE through social media like Pinterest and Tumblr and don't forget to follow us on Instagram and Twitter @nationalsave!



April is just around the corner and don't forget that April 4-8, 2016 is National Youth Violence Prevention Week! What do you and your SAVE chapter have planned for that week? Put your thinking caps on and find out what you can do to help spread the message of violence prevention! Out of ideas? Feel free to ask the National Youth Advisory Board or go online to <http://nationalsave.org/nyvpw> to see what you can do to be involved!

Opportunities & Information

The Great American NO BULL Challenge - Deadline: March 14

NO BULL is a global video contest powered by the voices of youth (ages 13-23) through short video documentaries, PSAs and vines that they write and produce. This contest challenges you to create a video to help end bullying both in person and online. There's a public voting period to pick the top 25 videos to go to the final judging round. 15 finalists go to Los Angeles for the NO BULL National Educational Conference and Video Awards, where the winners are announced. <http://www.nobullchallenge.org/>

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**SAVE CHAPTER HIGHLIGHT:
Lumberton High School (NC)**

by Casey Cooke, Communications Intern

Lumberton High School leads the pack this month with its year-long focus on awareness, non-violence and safety. For America's Safe Schools Week in October, SAVE members hung posters around campus and presented facts during announcements and lunch about how to keep schools safer. The student news program, JIB, also helped spread the SAVE message by airing a segment about how to make schools a safer place. Students were also invited to join SAVE. October was a busy month for Lumberton, as it was also Anti-Bullying Awareness Month, Domestic Violence Month and Disability Month. To raise awareness, SAVE hosted a contest open to the entire student body. Students could submit art, a piece of writing, a song, a short film or any other original work related to those themes. Prizes were offered to first, second and third places. Towards the end of the year, Lumberton High SAVE showcased its' dedication to community by teaming up with three other clubs to host a school-wide food drive. The school had a goal of 5,000 cans and the collected items were later distributed to local food banks.

For the remainder of the school year, Lumberton SAVE plans to continue its mission of promoting safety and non-violence through activities coordinating with National Youth Violence Prevention Week and National Youth Traffic Safety Month. In April for National Youth Violence Prevention Week, SAVE will have a pledge asking students to commit to non-violence for the remainder of the school year. Lumberton High will also be sponsoring a contest by grade level for students to remain fight free. Other activities include an essay/poetry contest and a poster contest with the school's art classes. For National Youth Traffic Safety Month in May, Lumberton SAVE hopes to arrange for law enforcement to visit the campus to talk to students about driving safety. SAVE members will also be setting up a booth in the cafeteria to give out statistics on driving safety once a week. The school's student news program, JIB, will also air a skit acted out by SAVE club members.



**SAVE IS LOOKING FOR OUTSTANDING TEENS!
APPLY TO BE ON THE YOUTH ADVISORY BOARD (YAB)!**



The National Association of Students Against Violence Everywhere will select up to 10 SAVE members for the 2016-2017 National SAVE Youth Advisory Board (YAB). The YAB is composed of high school students from across the nation who have demonstrated leadership skills and service in their school and community, as well as having experience and service with the SAVE program.

The application process is open to rising high school freshmen through juniors who are actively engaged members of an existing SAVE chapter.

Want to apply? Go to:

<http://nationalsave.org/youth-advisory-board/>

Applications are due by May 16, 2016!

**Upcoming Events
More info: nationalsave.org/events**

Mar	<i>Focus: Youth Empowerment</i>
12	NATIONAL SAVE YOUTH SUMMIT
Apr	<i>Focus: School & Community Crime Prevention</i>
1-30	Child Abuse Prevention Month
1-30	Sexual Assault Awareness Month
4-8	NATIONAL YOUTH VIOLENCE PREVENTION WEEK
15	Global Youth Service Day
May	<i>Focus: Teen Driving Safety</i>
1-30	Teen Safe Driving Month
1-30	National Mental Health Month
16-20	National Prevention Week
31	World No Tobacco Day