

# e-SAVE SOURCE

*Youth Voices...Grown-Up Choices!*

National Association  
of Students Against  
Violence Everywhere

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## Internet Safety

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### 2011 - 2012 NATIONAL SAVE AWARD WINNERS ANNOUNCED!



#### SAVE ADVISOR OF THE YEAR ~ Ms. VICKIE SZAREK

Ms. Vickie Szarek, Advisor of the Garner Magnet High School SAVE Chapter, was recognized by the National Association of Students Against Violence Everywhere (SAVE) for her youth safety and violence prevention efforts. The 2011-2012 National SAVE Advisor of the Year Award was awarded to Ms. Szarek for outstanding performance and lasting contributions to her school, community, and students. According to Ms. Casey Story, a former Garner Magnet High School SAVE Chapter member, "Ms. Szarek is the

driving force behind the SAVE chapter at Garner Magnet High School. Through her encouragement of recruitment, the chapter that began small in size has continued to grow. She has an open mind to all of her students' ideas and an open heart that leads the chapter in service to the community. Ms. Szarek has been an inspiration to many students and deserves to be recognized for all of her hard work and dedication to SAVE.

#### SAVE STUDENT OF THE YEAR ~ Ms. MIRANDA DAY

Miranda Day, a senior at Burrton High School (Burrton, KS), was recognized by the National Association of SAVE for her youth safety and violence prevention efforts. The 2011-2012 National SAVE Student of the Year Award was awarded to Miranda for exemplifying the ideals of SAVE. "Miranda organized a school assembly showing the car accident aftermath video "Smashed"; organized a mock car accident presentation and decorated the hallways which served as a daily reminder about safe driving. I cannot be more proud of Miranda's efforts this year", Josh Meyer, Principal, Burrton High School.



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### SAVE CALENDAR - CALL FOR PHOTOS

SAVE is currently accepting photo submissions for the 2012-2013 SAVE Calendar. Please email photos of your SAVE Chapter in action (300 dpi color photos) to [dpell@nationalsave.org](mailto:dpell@nationalsave.org) no later than 6/30/12.

# UPCOMING EVENTS



| DATE                  | EVENT   | MORE INFO   |
|-----------------------|---|---|
| June 1-30             | INTERNET SAFETY   | <a href="http://www.nationalsave.org/main/june.php">http://www.nationalsave.org/main/june.php</a>   |
| June 14-16            | LIFESAVERS: 30TH ANNUAL CONFERENCE DEDICATED TO HIGHWAY SAFETY! | <a href="http://www.lifesaversconference.org/index.html">http://www.lifesaversconference.org/index.html</a>   |
| June 18-20            | NATIONAL CONFERENCE ON VOLUNTEERING & SERVICE                   | <a href="http://www.volunteeringandservice.org/?utm_source=National+Service+Briefing+4.12.12&amp;utm_campaign=NSB+2.2.12&amp;utm_medium=email">http://www.volunteeringandservice.org/?utm_source=National+Service+Briefing+4.12.12&amp;utm_campaign=NSB+2.2.12&amp;utm_medium=email</a> |
| July 11-13            | 2ND ANNUAL ANTI-BULLYING SUMMIT                                 | <a href="http://www.auburn.edu/outreach/opce/antibullying/">http://www.auburn.edu/outreach/opce/antibullying/</a>   |
| July 23-27            | 2012 NATIONAL SCHOOL SAFETY CONFERENCE                          | <a href="http://www.schoolsafety911.org/event.html?utm_source=EliteEmail&amp;utm_campaign=April%20Conference&amp;utm_medium=email">http://www.schoolsafety911.org/event.html?utm_source=EliteEmail&amp;utm_campaign=April%20Conference&amp;utm_medium=email</a>                         |
| February 27 - March 1 | 2013 NATIONAL CONFERENCE ON BULLYING                            | Rosen Centre Resort Orlando, FL - Mark Your Calendars and Save the Date   |

## YABer Yak:

### National Youth Advisory Board Member Nigel Cox ~ Farmville High School

I am retiring as Chair from the Youth Advisory Board. The past four years as a YABer have helped me grow more than I could have imagined, and I say THANK YOU SAVE!! As summer break approaches and we have more free time to be on our computers, the monthly focus of Internet Safety should be a top priority. SAVE encourages students To be safe and recommends that personal information not be given out at all. You shouldn't chat with strangers because who you're talking to may not be who you think they are. Whatever you do just make sure you're using the internet in a safe way. For more information on Internet Safety, visit National SAVE's website: <http://www.nationalsave.org>



## SAVE CHAPTER OF THE YEAR CO-WINNERS:



**IRA HIGH  
SCHOOL  
SAVE  
IRA, TX**

The 2011-2012 National SAVE High School Chapter of the Year Award was awarded to Ira High School. Ms. Cindy Josey, Paramedic, stated "The SAVE Chapter at Ira has reached so many people on so many levels in the past seven years it is hard to know where to start. They held the West Texas Summit, invited local schools to come and see what SAVE is all about, and helped start groups in the area and showed how SAVE gives you a voice".

## GREENE COUNTY SAVE, MAURY, NC

Greene County Students Against Violence was awarded the 2011-2012 National SAVE Community Chapter of the Year Award. According to SAVE Chapter Director, Brandon Johnson, "We have an awesome SAVE Chapter that works closely with our administrators, teachers and SROs. Our SAVE chapter helps students make better choices in life; teaching them to 'Get Up, Get Out and Go Get' to achieve their dreams and desires. The choices they make now can affect them in their future".

## SAVE Question of the Month:

Please share the SAVE Question of the Month with your SAVE members. The Youth Voices section of the web is a place for students to ask questions and get responses from SAVE members across the country.

**June QoM:** *"Since many schools are out for the summer, students will be on the Internet more frequently. How can you protect yourself from a Cyberbully?"*

Please send your responses to: [forum@nationalsave.org](mailto:forum@nationalsave.org)

Check out: <http://www.nationalsave.org/forum/index.php> to see your response posted!

## Techno Tidbit

FamilySafe is an application that stores important information about your family.

If a family member goes missing, this information, as well as an up-to-date picture, can be emailed to family, friends, law enforcement, etc., to help locate the family member. To make sure pictures are recent, FamilySafe will remind you every month to retake pictures with your phone.

Check out this link: <http://www.androidfreeware.net/download-familySAFE.html>



## Monthly Focus: Internet Safety

SAVE encourages students to be extremely careful when using the internet. Messages posted in any kind of a public forum can be read by anyone. Personal information such as name, address (home and email), telephone number, school name, or information on family and friends should never be shared with anyone you meet in cyberspace. Never reveal anything about other people that could possibly get them into trouble. It is important to remember that people you meet online, whether in a chat room or message forum, may not be who they say they are. Also, be careful not to put any personal details, including locations, on your instant messenger "away" message. The approaching end of the traditional school year calendar is a good time to spread awareness in your school about internet safety.

Technology Awareness Public Service Announcement for Parents - Created by 2011-12 SAVE Youth Advisory Board Members

<http://www.nationalsave.org/main/june.php>

Cyberbullying Brochure: <http://www.nationalsave.org/PDF/CyberbullyingFlyer2.pdf>

### Crime Prevention Activities

- Publish an Internet Safety Pledge for students to sign that includes tips on web surfing and email safety.
- Team up with local law enforcement to sponsor an "Internet Safety Community Forum" and have officers speak on internet safety issues.
- Look into finding "internet hotline" phone numbers where students can call and report suspicious online activity.
- Have students write their state congressional representative and ask for their involvement in safer internet practices in the schools.

For more Crime Prevention ideas: <http://www.nationalsave.org/main/crime.php>

### Conflict Management Activities

- Write and perform plays or skits that demonstrate how during an online chat, someone can go about trying to get your personal information.
- Encourage students to get their parents involved in setting ground rules for internet use. Send a list of "Internet Violence Prevention" tips home with students.
- Sponsor an "Internet Safety Community Forum" at your school. The Safety Pledge can be distributed and signed and students can be educated on different types of filters and site blocking software available.

For more conflict management ideas: <http://www.nationalsave.org/main/confmgmt.php>

### Service Project Activities

- Sponsor an "Internet Free Weekend" where students agree to participate in community service work at local charities instead of serving the web.
- Share the list of internet safety tips with other schools in your district and/or state.
- Have several SAVE members write an article on Internet Safety for the school paper.

Additional Resource - Protect Every Child: <http://www.protecteverychild.org/>

## THE POWER OF THE INTERNET

By Giacomo Rivituso, Ed.D., State University of New York\*

The Internet has certainly changed the way people of all ages work, learn, socialize, and play. Our seemingly constant need for information can quickly and easily be satisfied by accessing the Internet with a few simple mouse clicks and keyboarding strokes. Similarly, our desire to connect with existing friends, or to meet new ones, through social networking sites can be done with ease from just about anywhere as a result of the power of the Internet.

However, the Internet also contains a dark and sinister side where online predators lurk seeking to befriend innocent and unsuspecting people, especially young people. Shielded by the anonymity of the Internet, the online predator methodically establishes a virtual or online friendship with the potential victim through chat rooms, email, instant messaging, video, and text messages, forging a relationship of trust between the two individuals. Once trust is established, online predators begin their criminal deeds by cyber stalking, cyber harassing, and cyber bullying their victims. In many instances, the cyber abuse continues relentlessly, often leading victims to feel anxiety, depression, loneliness, embarrassment, isolation, fear, and the feeling that they are somehow responsible for the abuse against them. In extreme cases, the abuse leads some victims to thoughts of suicide or to the actual act itself because they feel alone and helpless in stopping the abuse.

Cyber bullying, or electronic bullying, is a relatively new phenomenon resulting from the power of the Internet and the wide scale ownership and use of technological and communications devices such as cell phones, email, blogs, and chat rooms. Cyber bullying takes place among people of all ages, gender, race, and religious beliefs, however it happens most frequently among adolescent victims in middle and high schools. Other distinguishing facts about cyber bullying include the following:

- Both males and females are victims of cyber bullying
- The cyber bullying instances are repeated or occur more than once
- The cyber bully holds a position of dominance or power over the victim
- Some victims actually become cyber bullies themselves in response to their victimization
- Among adolescents, friends tend to cyber bully friends, in part because they find such actions funny
- Anonymity, or not knowing who the cyber bully is, empowers the cyber bully because they do not think they can or will get caught
- Victims of cyber bullying often feel that they have no where to go to escape the abuse of the cyber bully
- Victims often feel that they did something to cause the abuse
- Victims of cyber bullying suffer their abuse in silence afraid to tell their parents, school officials, or the police of their abuse due to embarrassment or fear of losing computer or cell phone privileges.

It is important for people, especially young people and adolescents, to know that there are things you can do if you become a victim of cyber bullying. Above all else, know that you did nothing to cause the abuse and that you are NOT alone in dealing with it. Here are some additional things you can do:

- Tell your parents, or an adult you trust, what is happening to you. We sometimes are hesitant to mention uncomfortable things to our parents or adults we trust for fear they may not understand our situation or that they may react dramatically in order to protect us. For example, some adolescent victims of cyber bullying do not tell their parents that they are being cyber bullied for fear that their parents will take away their cell phone and/or computer privileges as a way of protecting them from the cyber bully. Nonetheless, talk with your parents, or a trusted adult, openly and honestly about what is happening and how it makes you feel
- If your abuse is taking place in school, let your teacher, school resource officer, and/or the principal know of your abuse. They can help, but you have to make them aware that you are being abused
- Do not respond to the cyber bully. By responding you are actually reinforcing or strengthening the cyber bully in his or her position of dominance over you
- Do not delete the messages or texts you receive from the cyber bully. These messages should be kept and shown to your parents or an adult you trust. If your parents decide to get the police involved, these saved messages will help the police in recommending a suitable course of action to deal with the cyber bully

The Internet is a powerful and engaging tool that can be used for many purposes by many types of people. Remember, you can harness and control the power of the Internet by using it wisely and by being safe when using it.

\*Giacomo 'Jack' Rivituso has 18 years of law enforcement experience and more than 20 years of experience working as an IT professional. Jack's dissertation research explored the lived experiences and psychological impact of cyberbullying victims using interpretive phenomenological analysis. Research interests include cyber crimes and cyber abuse among various demographics of people.

## Prevention Resources:

### The Novice Driver's Road Map

An 8-step guide for parents to help teens get the practice needed to be safe, focused drivers.

[http://novicedriver.org/?utm\\_source=May+2012+Newsletter&utm\\_campaign=Parents+of+Teen+Drivers&utm\\_medium=email](http://novicedriver.org/?utm_source=May+2012+Newsletter&utm_campaign=Parents+of+Teen+Drivers&utm_medium=email)

### Put Your School on the Map!

National Mix It Up at Lunch Day is Oct. 30. It's a chance to reduce prejudice, bias and stereotypes by getting students to talk with someone new. Make sure your school is represented by registering on the Mix It Up map.

<http://www.tolerance.org/mix-it-up/what-is-mix>

### New CPSC Data Show Child Drownings In Pools and Spas Still A Leading Cause of Death

The U.S. Consumer Product Safety Commission (CPSC) kicked off the summer swimming season and the third year of the Pool Safety: Simple Steps Save Lives campaign.

<http://clickcheckandprotect.org/2012/05/new-cpsc-data-show-child-drownings-in-pools-and-spas-still-a-leading-cause-of-death.html>

### Summer Brings Bugs, Sun, Bike Injuries

Chairman and medical director of the emergency medicine department at The Community Hospital in Munster, IN, said the most common summertime incidents are bicycle-related accidents involving children.

[http://www.nwitimes.com/niche/get-healthy/health-care/summer-brings-bugs-sun-bike-injuries/article\\_73544b1f-c31d-59f2-b3f2-194aa196124e.html?utm\\_source=June+5%2C+2012&utm\\_campaign=Act+Out+Loud%2C+Ntional+Youth+Traffic+Safety+Month%2C+Global+Youth+Traffic+Safety+Month%2C+NOYS%2C+National+Organizqations+for+Youth+Safety&utm\\_medium=email](http://www.nwitimes.com/niche/get-healthy/health-care/summer-brings-bugs-sun-bike-injuries/article_73544b1f-c31d-59f2-b3f2-194aa196124e.html?utm_source=June+5%2C+2012&utm_campaign=Act+Out+Loud%2C+Ntional+Youth+Traffic+Safety+Month%2C+Global+Youth+Traffic+Safety+Month%2C+NOYS%2C+National+Organizqations+for+Youth+Safety&utm_medium=email)

### Why Social and Emotional Learning in Schools Is Paramount to Prevention

Suggestions to educate children on the very basics of human relationships -- the stage before thoughts of aggression and conflict and separation develop into bullying.

[http://www.huffingtonpost.com/michael-jascz/bullying-why-social-and-e\\_b\\_1411306.html?utm\\_source=April+17%2C+2012&utm\\_campaign=Act+Out+Loud%2C+Ntional+Youth+Traffic+Safety+Month%2C+Global+Youth+Traffic+Safety+Month%2C+NOYS%2C+National+Organizqations+for+Youth+Safety&utm\\_medium=email](http://www.huffingtonpost.com/michael-jascz/bullying-why-social-and-e_b_1411306.html?utm_source=April+17%2C+2012&utm_campaign=Act+Out+Loud%2C+Ntional+Youth+Traffic+Safety+Month%2C+Global+Youth+Traffic+Safety+Month%2C+NOYS%2C+National+Organizqations+for+Youth+Safety&utm_medium=email)

### World Blood Donor Day 2012

On 14 June, countries worldwide celebrate World Blood Donor Day with events to raise awareness of the need for safe blood and blood products and to thank voluntary unpaid blood donors for their life-saving gifts of blood.

<http://www.who.int/worldblooddonorday/en/>

## Funding/Contest Opportunities:

### The Ruddle Memorial Youth Foundation

Deadline: July 18, 2012

The foundation is accepting applications for its Innovation Grants Program, which is designed to support untested, unusual, and otherwise unconventional services aimed at helping underprivileged youth reach their full potential.

<http://www.rmyf.org/>

### Chevrolet Green Educator Award

Deadline: June 30, 2012

Earth Force and the General Motors Foundation are looking for inspirational educators who engage youth in innovative and interactive environmental learning.

<http://www.greeneducator.org/>

### Office Depot Foundation Grants

Deadline: October 31, 2012

The Office Depot Foundation will give cash donations to non-profit organizations, schools, and libraries that bring systemic change to the communities they serve.

[http://www.officedepotfoundation.org/grant\\_guidelines.asp](http://www.officedepotfoundation.org/grant_guidelines.asp)

### Library Grant Program

Deadline: June 15, 2012

The LLCF annually awards grants to rural and urban public and school libraries serving at-risk children in grades K-12. The Foundation will give priority to applications from libraries and agencies with real need and limited book budgets.

<http://www.loislenski Covey.org/6.html>

### Breakthrough Schools

Deadline: June 30, 2012

The MetLife Foundation and the NASSP are seeking high-achieving K-12 schools whose best practices and outstanding results can inform other schools in their school improvement efforts.

<http://www.nassp.org/AwardsandRecognition/MetLifeFoundationNASSPBreakthroughSchools.aspx>

### Responsible Sports Community Grant

Deadline: November 30, 2012

Liberty Mutual provides grants to non-profit youth sports organizations and educational athletic programs to help defray the many costs of running youth sports programs.

[http://www.responsiblesports.com/community\\_grants/community\\_grant\\_details\\_closed.aspx](http://www.responsiblesports.com/community_grants/community_grant_details_closed.aspx)

### Migrant and Seasonal Head Start Grantee

Deadline: July 18, 2012

The Administration for Children and Families solicits applications to compete for funds to provide Migrant and Seasonal Head Start services to infants, toddlers, preschoolers and their families.

[http://www07.grants.gov/search/search.do?&mode=VIEW&oppId=166068&utm\\_source=June+5%2C+2012&utm\\_campaign=Act+Out+Loud%2C+Ntional+Youth+Traffic+Safety+Month%2C+Global+Youth+Traffic+Safety+Month%2C+NOYS%2C+National+Organizqations+for+Youth+Safety&utm\\_medium=email](http://www07.grants.gov/search/search.do?&mode=VIEW&oppId=166068&utm_source=June+5%2C+2012&utm_campaign=Act+Out+Loud%2C+Ntional+Youth+Traffic+Safety+Month%2C+Global+Youth+Traffic+Safety+Month%2C+NOYS%2C+National+Organizqations+for+Youth+Safety&utm_medium=email)